#### What is biting me-Delusory parasitosis

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#### Mystery- Who done it?

- Mysterious bites
- Sensation of being bite
- Questions from clients, co- workers about "human infestations"
- WHAT SHOULD I SPRAY ?????

#### Two parts

Things that do bite- how to help figure out

 Imaginary insect infestations- how to deal with them



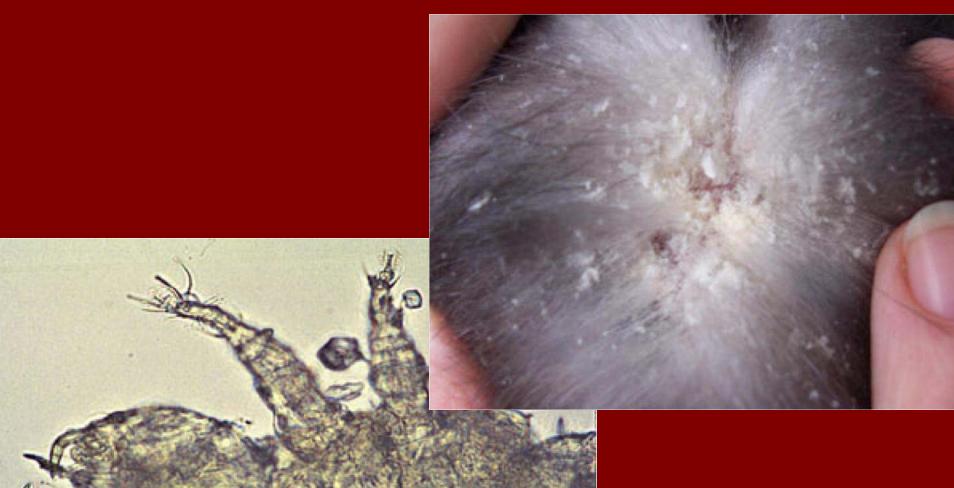


#### Questions to ask

- Where are they?
- What time of year ?
- What have you been doing?
- Do you have pets?
- Anybody else in the home have problems?



## Fur mites "walking dandruff"

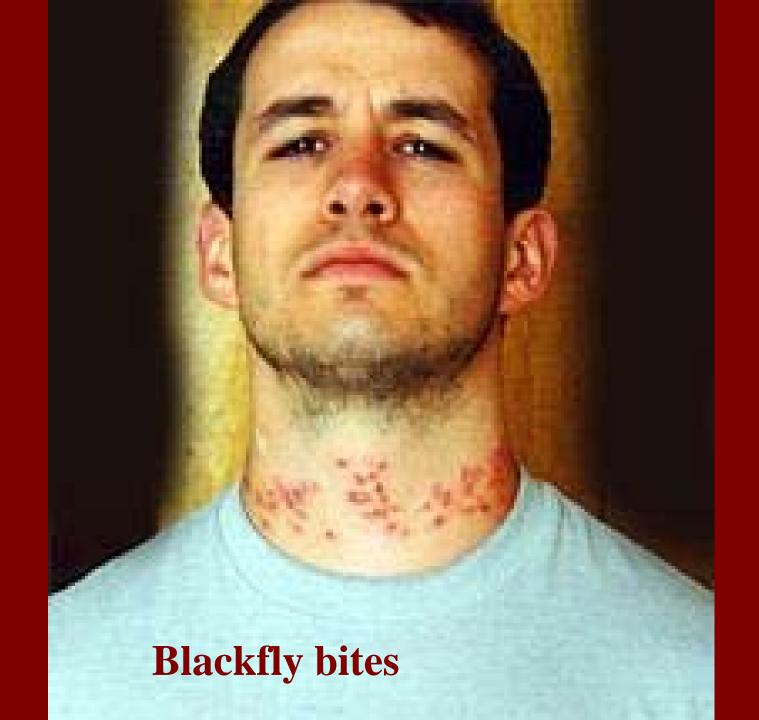








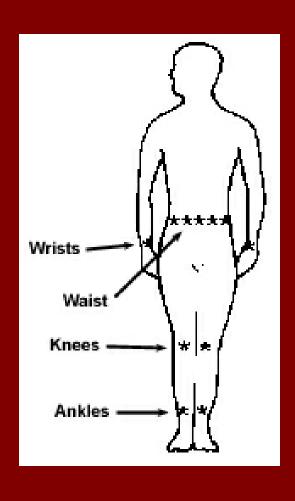








### Chiggers









#### Straw Itch mite

- Parasite of stored grain insects( pet food, bird seed, infested hay)
- Can not have problem without insect host

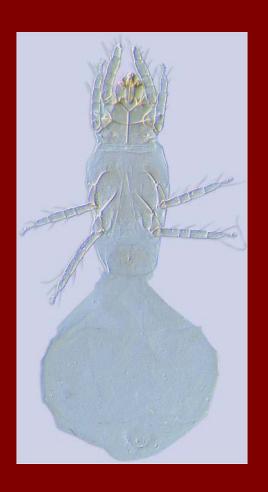
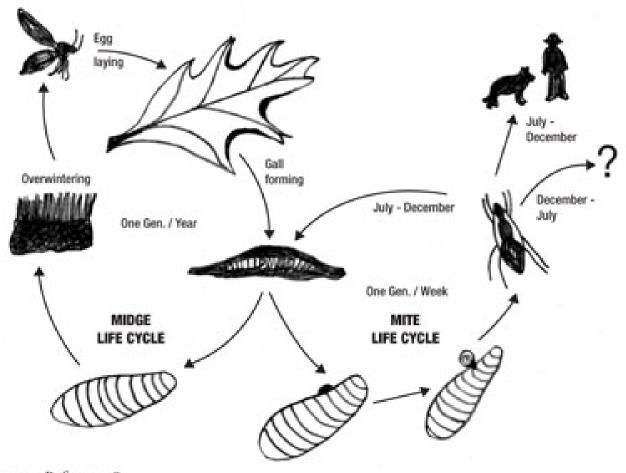




Figure 3. Life cycles of the gall-forming midge and the oak leaf itch mite.



Source: Reference 8.

#### Oak leaf itch mite

- Has not been found in Wisconsin
- We do not have many pin oaks-
- Critter is found in gall from pin oaks

# Must find critter to be sure Ask to see specimen Can speculate if not

Bites or no bites?

#### Delusionary parasitosis

It is a persistent <u>unshakable belief</u> held in the face of strong contradictory evidence. People are convinced there are insects or worms on or inside them that are biting them, but no insects can be found and the stories often do not make biological sense

#### Delusionary parasitosis

- Entomologist and county agents have a number of "cases on file"
- Trained to deal with critters?
- "Dear Abbey aspect "- Not trained in human psychology - Am I ready for this?
- Dilemma -We can not practice medicine

#### Delusionary parasitosis

- Imagined problem?- can be underling medical issues- drug side effects, allergies, disease, fiber glass exposureetc.
- We can only help -if they find a critter

#### General traits of classic cases

- Client has been dismissed medically
- Send dozens of samples on tape, or in bags
- Stress in live (loss of spouse, job)

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 If can eliminate arthropods causessuggest other sources or avenues of help - Bugs in winter?

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- Be supportive- do not dismiss "bites"
- Be firm about diagnosis
- Do not jump to conclusions- we are only a part of the puzzle

### Nobody can diagnose from bites alone



- Ask for samples
- If no "biting " critters after 2 triessuggest they look for other causes
- DO NOT SPRAY or Fog without a reason- concern about pesticides causing some symptoms

# DO NOT BELIEVE EVERYTHING YOU READ ON THE INTERNET

#### Need help

- Send samples to the insect diagnostic lab-
- If have specimens digital images
- It is a medical problem- there are specialist- dermatology/ psychiatry